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## **ALL DAY BREAKFASTS 8.30AM - 3/4PM**

### **FULL ENGLISH BREAKFAST £9.50**

Cumberland sausage, Lakeland bacon slices, flat mushroom, hash brown, oven baked tomato, black pudding, baked beans, free range egg served with thick sliced toast and Lakeland butter.

### **VEGGIE FULL ENGLISH £9.30**

2 vegetarian sausages, baked beans, hash browns, oven baked tomato, flat mushroom, free range egg served with thick sliced toast and Lakeland butter.  
*Please specify if you like your egg fried or scrambled.*

### **VEGAN BREAKFAST SPECIAL £9.90**

Spinach, onion, carrot and pepper baked cake, flat mushroom, oven backed tomatoes, hash brown, and baked beans served with artisan ciabatta.

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### **CIABATTA BREAKFAST ROLL OR SOFT BAP. £5.95**

Choose from Thick Lakeland bacon slices, juicy Cumberland sausages or local free range eggs. All served with Lakeland butter.  
**ADD ANY EXTRA ITEM FOR A £1**

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### **MIO MORNING WAFFLE WITH BACON SLICES & MAPLE SYRUP £6.25**

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### **FOR THE KIDS**

**FREE RANGE SCRAMBLED EGGS  
ON TOAST £5.50**

**ADD BACON, BEANS OR SAUSAGE  
EXTRA £1 EACH ITEM**

**TOAST & JAM £2.60**

**A LARGE GLASS OF  
FRESHLY SQUEEZED  
ORANGE JUICE £2.55**

**The perfect hangover cure!**

**START THE DAY...BREAKFAST**

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**MIO MONDO CHEF'S  
SPECIAL HOMEMADE  
SOUP OF THE DAY  
£5.95**

SERVED WITH CRUSTY BREAD  
AND BUTTER. PLEASE ASK FOR  
DETAILS

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**A PORTION OF  
GOURMET SKIN ON  
CHIPS FOR £2.75**

**MIO SOUP &  
SANDWICH/TOASTIE  
DEAL JUST £8.80**

(not including King Prawn Rose-Marie)

**TOASTIES  
& SANDWICHES**

SERVED WITH SALAD AND  
CHEF'S SPECIAL COLESLAW

(V) GOATS CHEESE AND  
ROASTED VEGETABLES £6.90

BACON, BRIE AND CRANBERRY  
£6.90

KING PRAWN ROSE-MARIE  
£8.75

(V) MATURE CHEDDAR CHEESE  
£6.90

MIO BLT BACON, LETTUCE,  
TOMATO AND MAYO £6.90

YOU CAN HAVE ANY OF THESE  
FILLINGS IN A SANDWICH OR  
TOASTIE OR FOR AN EXTRA £1 IN  
OUR ARTISAN CIABATTA ROLL.

**SOUP, SANDWICHES & TOASTIES**

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## **HOMEMADE HADDOCK FISH AND CHIPS £12.90**

Served with mushy peas and tatar sauce.  
**THE BEST IN BOWNESS!**

## **MIO MONDO CLASSIC CHEESE BURGER £11.90**

Handmade with prime lean mince, locally sourced. Served with salad and skin on chips.

**ADD BACON, EGG OR STILTON FOR AN EXTRA £1**

## **(VG)ULTIMATE VEGAN BURGER £11.90**

Wrapped in lettuce served with cucumber and pepper salad and rustic chips. Tastes and looks like meat, but we can assure you it is all plant based!

## **CAESAR SALAD CHICKEN £9.50**

Chicken, croutons, parmesan cheese, salad and egg all drizzled with Caesar dressing.

## **(VG)VEGAN NOODLE SALAD £9.90**

Noodles with roasted vegetables, pine nuts, olives and Vegan dressing.

## **FOR THE KIDS**

### **HOMEMADE CHICKEN GOJUNS SERVED WITH CHIPS AND BEANS £6.50**

### **HOMEMADE HADDOCK FISH FINGERS SERVED WITH CHIPS AND BEAN £6.50**

### **VEGGIE SAUSAGES SERVED WITH CHIPS AND BEANS £6.50**

If you would like to swap the beans for fried egg or cucumber sticks please request upon your order.



**MIO LUNCH TIME SPECIALS 11AM-3/4PM**

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## DESSERTS

### MIO MONDO CREAM TEA DEAL £4.95

Homemade Scones with Lakeland clotted cream and strawberry jam

ADD A COFFEE INSTEAD OF  
TEA FOR AN EXTRA 45p

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### MARSHMALLOW MADNESS WAFFLE £6.45

Served with oozy chocolate sauce, whip cream and lots of fluffy Marshmallows.

### STRAWBERRY FIELDS WAFFLES £6.45

Served with fresh strawberries, chocolate sauce and cream.

ADD A SCOOP OF VANILLA  
ICE-CREAM FOR £1

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### HOMEMADE CAKES AND TRAYBAKE

EAT IN £2.95

TAKEAWAY £2.60

Please see the dessert counter inside for our tasty varieties

## ALCHOLIC DRINKS

### WINES

ALL OUR WINES ARE BY  
JACK RABBIT

Red: Shiraz, Merlot

White: Pinot Grigio, Chardonnay

Rosé: Zinfandel

BOTTLE £16.95

SINGLE GLASS £4.50

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### PROSECCO

BOTTLE £23.50

MINI BOTTLE £6.50

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### BOTTLES

CIDER (KIWI & LIME) £5.50

LAGER £3.95

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### COCKTAILS £6.75

Our selection changes regularly - please ask for this week's choices.

FANCY A SWEET TREAT?

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## HOT DRINKS

### COFFEE & CHOCOLATE

	Reg	Lrg
ESPRESSO	1.85	2.20
AMERICANO	2.50	2.95
FLAT WHITE	2.75	3.25
CAPPUCCINO	2.75	3.25
LATTE	2.85	3.25
MOCHACCINO	2.95	3.25
HOT CHOCOLATE	2.80	3.15
HOT CHOCOLATE INDULGENCE	2.95	3.50
with cream and marshmallows		

ADD A FLAVOURED SYRUP FOR  
35p: CARAMEL, HAZELNUT OR  
GINGERBREAD

DECAFFEINATED & SOYA  
ALTERNATIVES AVAILABLE 35p

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### TEAS

POT OF TEA FOR 1 £2.30  
Choose from Breakfast, Earl Grey,  
mint or green tea.  
POT OF HOT WATER £1.50

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### OUR FOOD

We freshly prepare all our food to order and where possible our ingredients are sourced locally.

### FOOD ALLERGENS & DIETARY REQUIREMENTS

We try to cater for most dietary requirements please ask a member of staff for advice gluten free sliced bread and soya milk are available. If you suffer from any food allergy, please speak with a member of staff before ordering.

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## COLD DRINKS

FANTA £2.20  
COKE / DIET COKE £2.20  
APPLETISER £2.20  
SPRITE £2.20  
RIBEANA £1.60  
STILL WATER OR  
SPARKLING WATER £2.00  
FRESHLY SQUEEZED  
ORANGE JUICE £2.55

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### MILKSHAKES £3.45

CHOCOLATE  
ICED LATTE  
COOKIES & CREAM  
STRAWBERRY  
VANILLA